

CAR Review



Regina I. Brown, Director



From Our Director:

WOW!! This Director has received many positive comments about the second annual CAR-SGC Conference hosted by the Garden Club of Ohio, Inc. on October 25-26, 2018. Lynn Fronk and her dedicated team certainly did an outstanding job under some unusual circumstances, only one of which was the unexpected change of venue. Our Registrar Cindy Kozakewicz was challenged to be sure that all attendees who had pre-registered in Dublin were transferred to Columbus, and she handled it with aplomb. The name of the Conference *“Something is Happening in Ohio”* was very aptly chosen.

Patricia Rupiper and her Committee produced a wonderful Tri-Refresher on October 25. Several attendees have shared that it was the best Refresher they had ever attended. What a super compliment to Ohio! The Tri-Refresher as well as the Conference were open to all members and their guests.

As we were brainstorming ways for CAR-SGC to financially assist our member States, it was suggested that the State that was hosting the Conference would sponsor a Region Refresher or Symposium in alternate years. Since Ohio sponsored the Tri-Refresher in 2018, National Capital Area will sponsor a Symposium in 2019 in Arlington, VA. This CAR-SGC sponsorship is consistent with the desire of this Director to provide more formal education opportunities for its members and to support the NGC Schools: Gardening, Landscape Design, Environmental, and Flower Show.

This Director has attended several Garden Club annual meetings, most notably the National Capital Area Garden Clubs, The Garden Club Federation of Pennsylvania, and the Delaware Federation of Garden Clubs where we celebrated their 60th Anniversary. Congratulations to DFGC! Everyone has been very gracious and welcoming.

Please visit your State’s website or car-sgc.org if you are seeking any information about upcoming events or meetings in our Region.

- Delaware Federation of Garden Clubs: Lisa Arni**
www.delawaregardenclubs.org
- Federated Garden Clubs of Maryland, Inc.: Diana E. Bonner**
www.fgcofmd.org
- National Capital Area Garden Clubs, Inc.: Robin L. Hammer**
www.ncagardenclubs.org
- The Garden Club of New Jersey, Inc.: Louise M. Davis**
www.gardenclubofnewjersey.com
- Federated Garden Clubs of New York State, Inc.: Monica C. Hansen**
www.fgcny.com
- Garden Club of Ohio, Inc.: Deanna J. Stearns**
www.gardenclubofohio.org
- Garden Club Federation of Pennsylvania: Christine M. Leskoski**
www.pagardenclubs.org

Caroline Carbaugh, Editor
cscarbaugh@verizon.net

As previously mentioned, the Board of The Garden Club Federation of Pennsylvania would select the CAR-SGC Director and Alternate Director for 2019-21 at their June 2018 Board Meeting. Drum roll, please! Gail Corle and Angie Raitano will fill these positions, respectively. These outstanding leaders will continue the process of laying the groundwork for the future of CAR-SGC. There is no doubt this Region will be in most capable hands.

THANKSGIVING – what a wonderful opportunity to show everyone how much we care and appreciate all the blessings, big and small, that are showered upon us on a daily basis! This Director would like to believe that Ralph Waldo Emerson in his *We Thank Thee* was calling upon garden-club friends to be thankful for: the

flowers that bloom about our feet, the tender grass so fresh and sweet, the song of bird and hum of bee, all things fair we hear or see, the blue of stream and blue of sky, the pleasant shade of branches high, the fragrant air and cooling breeze; the beauty of the blooming trees, this new morning with its light, health and food, love of friends, and everything that goodness brings. As we are entering a great holiday season, please be grateful for whatever challenges LIFE brings us to enjoy.

Fondly,

**Regina I. Brown, Director
Central Atlantic Region of
State Garden Clubs, Inc.**



Something Happened in Ohio

2018 CAR-SGC Conference

“SOMETHING IS HAPPENING IN OHIO” was the invitation to our six other sister states of Maryland, Delaware, National Capital Area, New Jersey, New York and Pennsylvania and hosted by Garden Club of Ohio, Inc. October 25-26, 2018. Preceding the conference was a CAR-SGC TRI-REFRESHER. Seventy individuals visited the Byrd Glacial Laboratory where they witnessed a rock repository containing 42,000 samples from the polar regions and over seven kilometers of ice cores gathered during more than 60 campaigns to six continents.

The next stop was to visit the Lazarus (LEED Building and Roof Garden). This ten-story building is located in downtown Columbus and was formerly a very large department store. It is now LEED certified which means healthier, more productive places for us to live, learn, work and play as well as encouraging energy and resource efficient buildings. The roof garden provides a place to relax, view the city, and enjoy the beauty of nature but it also provides water recycling. Rain water is captured and recycled for use in the restrooms, saving approximately \$10,000 a year in water costs.

The next stop was a self- guided tour of The Topiary Garden. A Columbus native, James Mason, reinterpreted Georges Seurat’s famous pointillist painting, “*A Sunday Afternoon on the Isle of La Grande Jatte*”, in topiary. Completed in 1992, the topiary figures are comprised of several varieties of Taxus .

After lunch at Franklin Park Conservatory, the group heard a lecture on plants and trees in the new Children’s Garden and took a tour of this garden. Back to the hotel for seminars on Houseplants that purify your home or office and attracting Pollinators in Landscape.

The opening dinner speakers were the Columbus Zoo Ambassadors. Through the Columbus Zoo outreach program, we learned about animals and where they are from, what they eat and about their habitat. A sun spot turtle, a shy skunk, a beautiful blue parrot, a funny penguin, and a most beautiful Cloud Leopard were among those visiting us at dinner. It was a wonderful experience and great fun.





The next day was also very busy with the business meeting conducted by Regina Brown, Regional Director. The luncheon speaker was Debra Knapke, "The Garden Sage", who provided a horticulture program. Following lunch, there was an Audubon presentation and workshops on Microgreens, Pressed Flowers and Leaf Manipulation.

Following the evening dinner, Barbara Schuh presented her design program "My Ohio, Off the Beaten Path". The designs represented little known or unusual facts about Ohio. It explored a kaleidoscope of details from all corners of the State and she did ask the audience, "Did you know ...?"



Cedar Point Amusement Park



Superman creators were from Cleveland



The Ohio State University



Duct tape from Ohio



Longaberger Baskets

In addition to all the activity, friendships were renewed, vendors visited, and floral designs surrounded the entire hotel. This was an outstanding conference and there were many comments, that it was the "best ever". Sorry if you missed this rewarding opportunity to learn, share and make new garden friends. Congratulations to Lynn Fronk, conference chairman and her committee for a job well done.

**Deanna Stearns, President
Garden Club of Ohio, Inc.**

Photos by Caroline Carbaugh

2019 CAR-SGC Conference

At the recent CAR-SGC Conference in Ohio, NCAGC introduced the 2019 Conference and Symposium it will be hosting in Arlington, Virginia. Aply assisted by all the State Presidents, the Director and Director-Elect, Lydia Barbour and Kaki Power, put on a skit centering around the theme, "A Capital Harvest."



Logo by Poss Tarpley



Photo by Caroline Carbaugh

There are many reasons to attend the conference on October 24-25 and the symposium on October 26-27, 2019:

1. The locale, the Arlington Hilton above the Ballston Metro Station, provides easy access to much of what the Nation's Capital has to offer.
2. Travelers flying into Reagan National Airport can easily use Metro to get to the hotel!
3. The daily cost at the Arlington Hilton is \$119 room + taxes = **about \$135...single or double occupancy. Daily parking is \$20** in the adjoining garage.
4. The hotel has extended the room rates for 3 days before and 3 days after the Conference and the Symposium, so you can turn this into a **10-day vacation** during the non-tourist season in the Nation's Capital.
5. Ballston is a wonderful area of Arlington; it is very convenient for shopping and enjoying many great restaurants.
6. Because the attendance at the Business Meeting and Evening Program is limited to 140, pre-register as soon as the Call to Conference is issued ... look for it in May 2019.
7. Beginning at noon at the hotel on October 24, 2019, you will be able to register, visit the vendors, take the Big Bus or the Metro into DC, or take a tour or join a workshop.
8. On October 25 there will be amazing programs and films on the use of farm-to-table ingredients for all ethnicities, in farm markets available throughout the 7-state Region.
9. On October 25, there will be a glorious afternoon tour that involves several stops on the National Mall near to each other, including a docent-led visit to the National Botanic Garden, the Native American Museum, and two sculpture gardens in between.
10. We are planning a photo contest and workshop as well as a design workshop.
11. There will be fabulous vendors and lots of time to visit them!

Stay tuned because the cadre of NCAGC volunteers are coming up with new and different ideas to make the 2019 Conference the best yet!

*Lydia Barbour and Kaki Powers
Co-Chairs, CAR-SGC 2019 Conference*

From Our States:

Delaware

Middletown-Odessa Garden Club will help to make Christmas in Odessa another successful event the first Saturday in December. Our Club members decorate the historical homes with beautiful, fresh wreaths and arrangements prior to Thanksgiving. The day of the event, our members will sell freshly made arrangements and all proceeds go towards the Women’s Club of Odessa for their scholarship fund.



In keeping with the spirit of Christmas and to celebrate children’s literature and the love of reading, our Club decorated a Storybook Tree themed Peter Rabbit in the Wilson-Warner House in Odessa.

At our October and November meetings, several talented members presented “The unparalleled Parallel Design” and “Natural Ornaments” programs. These programs showed us how to think outside of the box and to also use the many beautiful, natural materials surrounding us daily.



Photos by Stephanie Nichols and Ruth Reynolds
Stephanie Nichols, DE

Maryland

Federated Garden Clubs of Maryland Hosts “Make Every Day Earth Day”

FGCMD Conservation and Environmental Awareness Committee hosted a very special program on October 23, 2018 with 97 attendees. Several attendees were Master Gardeners (the program was approved as continuing education for them) and Master Naturalists (program was approved as advanced training for them). Topics included: *The Humane Gardener: Nurturing Habitat for Wildlife*, *Understanding Wetlands: One of the Most Productive Ecosystems in the World*, *Managing Stormwater on Your Property*, *Climate Change: Already in a Neighborhood Near You* and *Audubon’s Bird-Friendly Baltimore*. There were participating conservation and environmental organizations with information about their activities and mission along with staff members who talked to those attending. Vendors were chosen to coordinate with the program. While this was offered as an educational program and not a fundraiser, a welcomed profit was made.





National Capital Area

Hello from the Nation’s Capital! Busy, busy this fall in the National Capital Area! NCA held a Morning of Design; Course 3 in Landscape Design School; Course 1 in Gardening School; a General Meeting; a Garden Shed Sale—which was a fund-raiser for the CAR 2019 Conference to be held right here in the NCA; all four Districts held meetings—and all our outstanding clubs have met! Whew!

Photos by Susie Middleton



The NCA President’s Project—“A Garden For Every Garden Club” - is bringing NGC’s Plant America to every garden club—and we hope to many neighborhoods in the NCA! Our garden clubs have sent in photos showing their gardens and garden projects and are participating in creating a slideshow, which captures the beauty of gardening and the fun of belonging to a garden club. It is available on our website now and will have another update early this spring.

FGCMD Landscape Design Council held a special one day refresher “Updating the Bones of the Garden” in September with 42 attendees and 32 Consultants refreshing and FGCMD Judges Council held a successful symposium in November.

The Federation will be holding these schools in 2019:

- Environmental School Course 3 April 3-4
- Flower Show School Course 1 April 30-May 2
- Gardening School Course 4 Sep 4-5
- Flower Show School Course 2 Sep 23-25

Diana Bonner
FGCMD State President

BIG NEWS! —NCA will be holding Flower Show School, Course 1—at the US National Arboretum on February 1 & 2, 2019, with the exam on February 3. The US National Arboretum is truly a treasure and is located in one DC’s most exciting neighborhoods. Remember—all must take now Course 1 first, so this is a great opportunity to get on the way before the busy flower show and garden clubs season begins. ALL ARE WELCOME! Our FSS Course 1 brochure is available on the CAR website, [www.car-sgc.org /events](http://www.car-sgc.org/events).



Dessie Moxley, Former FGCMD State President, and Bridget Maginn, 99 years old and a District Blue Star Co-Chair

NCA is on the road again--to the Philadelphia Flower Show! We have a bus full of NCA folks going up to see the Flower Show on Thursday, March 7th! We will celebrate in style--if you're there, you'll see us! We might be sporting some Woodstock memorabilia. Flower Power--NCA ROCKS!

We are proud to announce that Jo Sellers, NCA President 2015-17, has been chosen as this year’s recipient of the highest honor from The Herb Society--The Helen de Conway Little Medal of Honor is the highest award given by The Herb Society of America. The Award honors someone for outstanding service and dedication to The Herb Society or the world of horticulture. It is also meant to

create a challenge to achievement for members of The Herb Society. What a well-deserved honor! Members of her family will join Jo when she is presented with this Medal of Honor in Wisconsin this June. We are so proud of you, Jo!

Robin Hammer
NCAGC President

New Jersey

**Three Garden Clubs’ “Plant America”
 Indoor Water Garden Project**

Who could imagine in a small town like Cranford, NJ, (24,000 population) that three garden clubs (none, with more than 30 members each) collaborating could produce an indoor water garden complete with a waterfall, pond, and plants? Well, it all began when Chairperson Deb Murphy of the Green Thumb Garden Club applied for, and successfully received, a National Garden Club Plant America grant which, along with a Garden Club of NJ Plant America grant helped to fund the project. The Floraphile Garden Club of Cranford, along with the Garden Club of Cranford and the Green Thumbs, formed a steering committee in January, 2018. Members of all the clubs have been planning, planting and maintaining the ever-changing garden, which is located in the Cranford Community Center’s huge atrium lobby, for all who meet there to relax and enjoy.

This garden replaced a dysfunctional garden that had not worked since 2009 (its only remnants were a pile of rocks.) Two pond contractors were interviewed, and Lily Pad Ponds was hired to construct the electrical, plumbing and wall of the garden.



Since the clubs needed additional funds for the project, they joined to hold a fundraising event- a Sunday brunch at the Pairings gourmet restaurant in town. Tickets and posters were printed, press

releases went to local and nearby towns encouraging people to buy tickets and make donations, and a special email address was available for more information. Local TV Channel 35 did a fifteen-minute feature on the garden. Members from all the clubs made arrangements for the tables and larger floral displays graced the entrance.



Table Arrangements for Brunch

Now, thanks to the grants, donations and much hard work, a fifteen-foot-wide stone wall/waterfall cascades into a bubbling pond with a huge tree trunk that contains a philodendron. Dotted around the walls and niches are silver-green and red air plants with various plants in the water, which soon will be illuminated by underwater lighting that will enable more plant varieties to thrive indoors. Two lovely tall metal refinished cranes complete the landscape.

Photos by Deb Murphy and Brenda Flahault



Many rewards accrued from the project: the enjoyment of meeting and working with other garden club members, the cooperation of the Community Center employees and the Pairings restaurant, and the compliments and donations from both Cranford citizens and folks from neighboring towns. Gardens are never really finished so the work and wonderful relationships will continue. The wonderment in the eyes of children as they watch the bubbling water and enjoy the plants is priceless.

Future plans include a dedication ceremony at the Cranford Community Center atria with public officials and the public invited as a plaque including the names of National Garden Club, the Garden Club of NJ, and the three Cranford garden clubs will be displayed near the garden. Hopefully, this unique Plant American project will inspire others to beautify their personal property and also their communities.

Brenda Flahault

**Member of Water Garden Steering Committee
and Pres. of Floraphile Garden Club of Cranford**

New York

What Has Happened to Recycling?

Since the 1960's when my husband started recycling at our town landfill every Saturday morning with a group of high school students, we have come a long way. But have we? Many are eager to take their recyclables to the commingle single stream container and happily leave it curbside. Feeling rather pleased, they put it out of their mind. Over 50% goes from the processing plant to the landfill. They are often contaminated and cannot be recycled. One greasy pizza box can destroy an entire bale. A whopping 91% of plastic winds up in the landfill according to National Geographic. Most plastic is neither degradable nor recyclable. Over 56% of New York City "recyclables" wind up in their landfills and 70% of all wine bottles end up there as well. Some say plastic should go in the trash and others say it should be safely burned. "When in doubt, throw it in the trash" is what we are hearing from experts. Many facilities can only recycle clean empty clear glass bottles with all colored going to the landfill.

The biggest problem is what to do with the tons of material. Until this year, China accepted 2/3 of the world's recyclable materials. Now China has stepped out of the global recycle market. They banned most plastic waste from import and they have stopped accepting 24 categories of waste, including unsorted paper and plastic citing they are too dirty.

Municipalities in NY have been trying to find new sources for their waste. Greene and Columbia counties are facing serious revenue losses because

of this new policy. Cardboard that used to go for \$135 a ton is getting less than \$55 because much is wet and/or dirty. Many communities are still committed but they cannot overcome the financial deficits this policy has created. They are scrambling to find alternatives. Some communities have had to close their recycling stations. This past week, Ulster County passed a ban on plastic bags to begin July 2019. We are the first county to ban these bags. Great you might say....but did you know that research shows that single use plastic bags have a significantly smaller carbon footprint across their life cycle than paper bags? We have a long way to go! The United Nations Intergovernmental Panel on climate change warns that the world has 12 years to act to prevent catastrophe. What can still be done?

I am hoping garden club members will send me suggestions on the web site (fgcnys.com) "contact me" page. I will post these suggestions and hopefully a dialogue between members may create good solutions.

- WE can:
- Reduce
 - Reuse
 - Cut back on packaging
 - Throw out less
 - Share ideas

Barbara Campbell
Former FGCNYS President
and current Webmaster

Ohio

Westerville Garden Club Maintains Historical Garden

The Hanby House was built in 1846 and served as home to the Hanby family including Benjamin Hanby, who composed over 80 songs including "Darling Nellie Gray" (a Civil War favorite) and "Up on the Housetop" (a Christmas favorite). The Westerville Historical Society maintains the Hanby House building which was a significant Underground Railroad site and is on the National Register of Historical Places.

Behind the Hanby House at 160 W. Main St., Westerville, OH is a historical garden maintained by the Westerville Garden Club. The 1850-1900 period garden is based upon WGC research. Members

implemented the original Kitchen Garden in 2005 by planting perennials, annuals, herbs and vegetables. In years since, they changed the garden beds to include even more plants that would have been grown in the late 1800s. The 21'x 34' garden is divided into four sections: culinary herbs, vegetable garden, medicinal plants, and fragrance and dye plants.



Flowers such as phlox, rose of Sharon, peonies, love-in-mist, forget-me-nots (to name a few but not all) are planted around the garden perimeter. Flowers are used as insect repellants, potpourri, fragrances or decorations. Among other plants along the perimeter are rhubarb, tarragon, mallow and leeks. Troughs and pots also contain many plants including rosemary, broom corn, and mint.

This year the garden club received tools from the National Garden Club's Ames Tools Grant Program. The members were pleased and delighted to use the new tools while planting and tending to the Kitchen Garden.



Approximately 2,000 people visit the Hanby House and garden annually, including school and daycare groups. The Kitchen Garden was on tour in July with the Hanby House for the city of Westerville's Tapestry of a Town tour. Garden club members were on hand to give guided tours of the garden and share interesting information about the plants.

In the fall, the Westerville Garden Club decorated the Hanby House and Kitchen Garden with hand-

made scarecrows and fall décor. The Kitchen Garden is open year round and free to browse. Brochures are available on site with specific information about the plants and their uses.



Photos by Vickie Muse

Vickie Muse and Linda Laine
Westerville Garden Club

The Westerville Garden Club Makes a Difference to Protect Wildlife

The Westerville Garden Club is making a concerted effort to increase the number of Certified Wildlife Habitats, not only to make Westerville a Community Wildlife Habitat, but to promote the conservation of natural resources and to support regulations that promote environmental and ecological standards. The National Wildlife Federation (NWF), America's largest wildlife conservation and education organization, is pleased to announce that several Westerville Garden Club members have successfully created a Certified Wildlife Habitat through its Garden for Wildlife movement. The garden club encourages all Westerville residents to take the steps to become a Certified Wildlife Habitat.

NWF celebrates this effort to create a garden that supports birds, butterflies, bees, frogs and other local wildlife. Every Certified Wildlife Habitat garden provides natural sources of food, water, cover and places to raise young and is maintained in a sustainable way that incorporates native plants, conserves water and does not rely on pesticides.

Celebrating 45 years this spring, the Garden for Wildlife movement has recognized over 217,000 Certified Wildlife Habitat gardens across the United States, encompassing more than 2.5 million acres that support wildlife locally. Backyards, urban

gardens, school grounds, businesses, places of worship, campuses, parks, farms, zoos and community landscapes are eligible as wildlife habitats through the program.



Westerville has a population of more than 38,000 and needs 250 habitat certification points to become certified as a Community Wildlife Habitat. Points are received for each habitat that becomes certified. Westerville currently has 90 certified habitats giving 96 points of the 250 required to be certified.

Participants who have their wildlife habitat garden certified receive a personalized certificate with a unique habitat number, a one-year membership to NWF with a subscription to *National Wildlife* catalog and the exclusive right to post a Certified Wildlife Habitat yard sign.



Garden Club member Linda Laine states that since her garden became certified several years ago she has seen “every animal other than bears visiting in our garden.” She has an outdoor camera that takes photos whenever something comes into view.

For more information on NWF’s Garden for Wildlife movement and how to qualify to have a garden space recognized as a Certified Wildlife Habitat, visit www.nwf.org/garden or call 1-800-822-9919. You may also contact Vickie Muse, Westerville Garden Club member, at 614-560-4596 with any questions.

Linda Laine
Publicity Chairwoman
Westerville Garden Club

Pennsylvania

I am so proud to say that 2018 turned out to be a banner year for our GCFP’s history book. Our state was honored to host the National Garden Club Inc. Convention in Philadelphia in May. With the remarkable capability of our dedicated GCFP members, the convention was a great success.

Another highlight of the year was the 1st Edition of the Keystone Kalendar. The calendar, highlighting designs, horticulture, GCFP club events and landscapes of Pennsylvania, sure made a hit. The books sold out right off the press!

Last year three NGC Schools were conducted. Flower Show, Gardening, and Landscape Design. Blue Star Marker dedications took place in new spaces around the state. NGC Plant America grants were awarded to three clubs and the Espoma grant was given to another. Months were spent working on updating the GCFP website. It is now filled with a wealth of current information. I am so proud to say that we, as a TEAM, accomplished so much in PA!

For the last time as president, I traveled around Pennsylvania to all the eleven District Meetings. Each District, unique in its own special way, was fun, entertaining and informative. I have such appreciation for all the community beautification projects that our clubs have dedicated their time and energy to, for the thousands of dollars in scholarship awards given each year, for clubs being a part of NGC/GCFP/CAR-SGC projects, and so much more. But most of all, experiencing the kindness each and every district showed me, and the friendships I have made along the way have been priceless.

The 2018 CAR-SGC Conference “Something is Happening in Ohio” was the first full Conference since the new Region was formed. Along with great meals, programs and workshops, a tri-refresher took place. Spending time with the CAR-SGC State Presidents and Director Regina Brown is always a plus for me. Our time together gave us the opportunity to share ideas, and to brag about our states’ accomplishments.

Upcoming GCFP events:

Mar 2-10 Philadelphia Flower Show “Flower Power”
 Philadelphia Convention Center

- Mar 14-15 Environmental School, Course I
 Uwchlan Meeting House
 5 N Village Ave., Easton, PA
- Mar 25-26 Gardening School, Course IV
 Uwchlan Meeting House
 5 N Village Ave., Easton, PA
- Apr 7-9 GCFP Annual Convention
 Blair County Convention Center
 2 Convention Center Dr, Altoona, PA

Chris Leskosky
GCFP President

***“T.E.A.M. Up and Plant America”
 Together Everyone Achieves More***

**FLOWER SHOW SCHOOL COURSE 1—
 OFFERED IN NCA THIS WINTER!**

NCA will be holding Flower Show School, Course 1—at the US National Arboretum on February 1 & 2, 2019, with the exam on February 3. The US National Arboretum is truly a treasure and is located in one DC’s most exciting neighborhoods—come and take advantage of 446 acres of grounds at the Arboretum in the middle of DC and the fabulous Union Market, right nearby! Remember—everyone must now take Flower Show School Course 1 first before taking the rest of the Flower Show Course. This is a great opportunity to begin the Series before the busy garden club and flower show season begins. We have two top-notch, terrific Instructors, Jackie Davies—Design, from PA and Sue Kirkman—Horticulture and Procedure, from KY. You will be thoroughly educated and thoroughly entertained!

So, come join us for Flower Show School in DC and learn how to think like an NGC Judge! Bring a friend! ALL ARE WELCOME! Our FSS Course 1 flyer is available on the CAR-SGC website ([www.car-sgc.org /events](http://www.car-sgc.org/events)). We can help you arrange for a hotel near the Arboretum. (Please note: hotel accommodations and dinners are at your expense.) Breakfast and lunch, and snacks are included in Course fee. (No charge for fun!)

Come & enjoy a great experience—Flower Show School, the Arboretum, & DC!

Any questions, please contact Robin Hammer—RJLHammer@gmail.com.

Awards

CAR-SGC 2017 Awards were presented at the 2018 CAR-SGC Conference. Here are the winners!

Civic Development

- Small Club – Lebanon Garden Club,
 Garden Clubs of Ohio, Inc.
- Medium Club – Town & Country Garden Club,
 The Federated Garden Clubs of Maryland
- Large Club – Barefoot Gardeners,
 Delaware Federation of Garden Clubs

Environmental Concerns

- Medium Club - Chippewa Garden Club,
 Garden Clubs of Ohio, Inc.
- Large Club – Maplewood Garden Club,
 Garden Club of New Jersey

Youth Excellence Award

- The Karen Nash Memorial Garden Club,
 The Garden Club of New Jersey

Jean Ladson Outstanding Achievement Award

- Medium Club – Garden Club of Long Valley,
 The Garden Club of New Jersey
- Large Club – Western Hills Garden Club,
 Garden Club of Ohio

Violet S. Thoron Award

- Oxford Garden Club,
 The Federated Garden Clubs of Maryland

Membership Increase Award

- The Delaware Federation of Garden Clubs

Golden Perennial Bloom Award

- Mary Jo Cardill, Garden Club of Johnstown,
 The Garden Club Federation of PA

AHS Herbaceous Perennial Award

- Tanta Cove Garden Club,
 National Capital Area Garden Clubs, Inc.

CAR-SGC, Inc. Scholarship Award

- Helena M. Lam, Cornell University, Environmental +
 Sustainability Sciences. Garden Club of NJ

Publicity Press Book Awards

- Small Club – The Heritage Garden Club,
 The Garden Club Federation of Pennsylvania
- Large Club – The Gettysburg Garden Club,
 The Garden Club Federation of Pennsylvania

Extra-Large Club – Penn-Cumberland Garden Club,
The Garden Club Federation of Pennsylvania
Affiliated Garden Center – Harrisburg,
The Garden Club Federation of Pennsylvania

Flower Show Schedule Awards

Small Standard Flower Show: 2007 Handbook for
Flower Shows before July 1, 2017

Small Club – 1st Place – Serendipity Garden Club,
Garden Club of Ohio

Medium Club – 1st Place – Tanta Cove Garden
Club, National Capital Area Garden Clubs, Inc.

2nd Place – Beverly Hills Garden Club,
National Capital Area Garden Clubs, Inc.

Large Club – 1st Place – Crofton Village Garden
Club, The Federated Garden Clubs of
Maryland, Inc.

2nd Place – Rake and Hoe Garden Club,
The Garden Club of New Jersey

Small Standard Flower Show – 2017 Handbook for
Flower Shows after July 1, 2017

Medium Club – 1st Place – West Trenton Garden
Club, Garden Club of New Jersey

2nd Place – Chippewa Garden Club,
Garden Club of Ohio

3rd Place – Greater Woodbury Garden
Club, Garden Club of New Jersey

Large Club – 1st Place – Garden Club of
Montclair, The Garden Club of New Jersey

2nd Place – Garden Club of Mountain
Lakes, The Garden Club of New Jersey

Advanced – 1st Place – District I, The Federated
Garden Clubs of Maryland, Inc.

2nd Place – Ohio Judges Council, Garden
Club of Ohio, Inc.

Outstanding Educational Exhibit Award

Trowel Garden Club – National Capital Area Garden
Clubs, Inc.

**NATIONAL GARDEN CLUB AWARDS PROCESSED
THROUGH THE REGION**

YB-1 Yearbooks

20 Members or less – Plantation Lakes Garden Club,
Delaware Federation of Garden Clubs

20-29 Members – Cross Country Garden Club,
The Federated Garden Clubs of Maryland

30-44 Members – Mt. Airy Garden Club,
The Federated Garden Clubs of Maryland

45- 69 Members – Ayr Hill Garden Club,

National Capital Area Garden Clubs, Inc.
70 – 99 Members – Rockaway Valley Garden Club,
The Garden Club of New Jersey
100 – 299 Members – Maplewood Garden Club,
The Garden Club of New Jersey

Youth Poetry Recognition and High School Essay
Contest – Please refer to the CAR-SGC website at
<https://www.car-sgc.org/award-winners> to see the
Youth Poetry Recognition and High School Essay
Contest winners.

Bette Lewis
Awards Chairman

**EVERY STATE CAN WIN THE
AHS REGIONAL PERENNIAL AWARD**

CAR-SGC garden clubs are eligible to apply for the
American Horticultural Society Regional Perennial
Award, which may be awarded to a garden club, a
group of garden clubs, a district, a council or a state
for an outstanding class or section of **herbaceous
perennials** in a NGC Flower Show. The overall
exhibit must be of outstanding quality and include a
minimum of 20 exhibits. Each state can have a
winner, so a total of 7 awards is the goal.

Applying for this award is easy. The book of
evidence can be done in the required 3 pages and
must include the date, name of State Garden Club,
name of show and location; a copy of the schedule; a
list of pertinent specimens in exhibit botanically
named (genus, species and cultivar); a clear
photograph of exhibits, including staging; a clear
photograph of any top awards in exhibit, if
applicable. Applications for the 2018 calendar year
are due by April 1, 2019. On the official application
form, put N/A for #s 4 and 5.

Most spring, summer and fall shows have a class or
section that would qualify. The qualifying show does
not have to be one in contention for NGC or State
top awards. The emphasis is on horticulture, not
design or educational exhibits.

Do you need an incentive? Each winner currently
receives a monetary award. For more information,
go to the *Other Awards* section of the CAR website
or contact Shirley Nicolai at
shirleynicolai@verizon.net.

Shirley Nicolai

Schools Being Held in the Central Atlantic Region of State Garden Clubs

Flower Show School:

- Course 1:
February 1 – 3, 2019, Washington, DC
April 30- May 2, 2019, Bowie MD
- Course 2:
March 20 – 22, 2019, East Brunswick, NJ
September 23-25, 2019, Bowie MD
- Course 3: None
- Course 4:
February 25-28, 2019, Richmond VA
March 26-28, 2019, Chappaqua, NY

Gardening School

- Course 1: None
- Course 2:
May 21-22, 2019, Fairfax, VA
- Course 3: None
- Course 4:
March 25-26, 2019, Exton, PA
May 15-16, 2019, Akron , OH
Sept 4-5, 2019, Columbia, MD

Environmental School

- Course 1:
March 14-15, 2019 Exton, PA
- Course 2: None
- Course 3:
April 3-4, 2019, Columbia, MD
- Course 4: None

Landscape Design School

- Course 1:
March 5-7, 2019, East Brunswick, NJ
April 8-9, 2019, Richmond, VA
- Course 2: None
- Course 3: None
- Course 4:
April 23-24, Wooster, OH

Thanks to Pat Rupiper for compiling this list.

Plant of the Month: My Mother's Trees

Christmas is the time for family memories. None linger longer in my mind than the succession of

Christmas trees which graced my parents' living rooms for 50 years.

The choice of tree always fell to my Mother. The earliest trees were Scotch Pines. At that time we walked from Christmas tree lot to lot (almost one on every corner in Lackawanna) in search of the perfect tree and the best buy. We'd drag the tree home on a sled. Yes, we always seemed to have the perfect snow fall for sleds on those December days after WWII.

Once home, each tree underwent a transformation that only Mom could achieve. Limbs were pruned or wired as needed to create spaces for a special ornament to hang. To brighten the interior of the tree, Mom whipped up Lux flakes into a snowy frosting which she spread on the trunk and along the branches. Lux flakes were then sprinkled over the snow to make the branches glisten as they might have in the woods. After all the ornaments were hung, then came the icicles: an art project in itself. Each icicle was placed just so to enhance the overall beauty as naturally as possible.

Her hands are among my memories. Although Mom worked in long sleeves and old summer gloves, the cantankerous Scotch Pines left pin pricks and scratches all over her hands and arms. Can you imagine her delight when Douglas Firs came on the market in the 50's & 60's? These trees had lovely, full shapes and its needles were forgiving. Each tree still underwent its arboreal transformation. Around the same time, lighting was undergoing a transformation from the huge multi colored bulbs to something called "twinkle lights". Family members "on both sides" were entranced. The bulbs, made in Italy, (for goodness sakes!) were larger than today's lights but they were clear! The effect of random twinkling of bright white lights was incredible.

Then came Fraser Firs. She admired her first Fraser in Oregon, during a visit to Bob, her grands, and me in '77. Oregon tree farmers are wizards at growing. At last, the perfect story book shape. Plenty of natural spaces between strong branches coming straight out from the trunk and soft needles. Eventually, Frasers were available here. The Italian twinkle lights were now replaced by hundreds of small lights. And so the Frasers were decorated just so well into the 90's.

In 1974, our first Christmas in Oregon, we sent a live 20" Blue Spruce to Mom and Dad. In spring it was planted off the patio. When it reached 4 feet, the tree was transplanted deeper into the back yard where it grows today. (Photo at right) When Mom put Christmas tree decorating aside, the Blue Spruce became her Christmas Tree frosted by real snow and icicles lighted by a single spotlight. Growing just so.



**Carol-Jo Pope,
Editor, The News Magazine
Fgcny, Inc.**

Designs at the Conference to Honor People and States



In Honor of Regina Brown



In Honor of Deanna Stearns



In Honor of Lynn Fronk



Garden Club of Ohio



National Capital Area Garden Clubs



DE Federation of Garden Clubs

Photos by Caroline Carbaugh