

CAR Review



Regina Brown. Director



From Our Director:

Welcome to the first official newsletter of our newly incorporated Central Atlantic Region of State Garden Clubs, Inc. After being under the financial umbrella of National Garden Clubs, Inc. since 2011, we are one of eight Regions which were granted an option to leave the comfort of their nest. All Regions chose to spread their wings and soar into the world, although we remain faithful to the mission and objectives of NGC. This Director is honored to represent Delaware, Maryland, National Capital Area (includes the District of Columbia; MD counties of Montgomery and Prince Georges; and VA Counties of Arlington, Fairfax, and Prince William), New Jersey, New York, Ohio, and Pennsylvania on the Executive Committee of NGC.

Major advantages to our seeking and receiving our IRS-qualified nonprofit status is that we can now solicit donations, which are tax deductible for our contributors, as well as applying for grants to cover scholarships and educational workshops to keep our members well informed.

You are encouraged to search the Websites of CARSGC and NGC for information on awards for which you may apply to learn the qualifications and application procedures in order to do so in a timely manner. "Shoulda-woulda-coulda" will quickly become "did" when armed with the necessary tools to that end.

"Plant America" is the theme chosen by NGC President Nancy Hargroves, because surveys have indicated that people join garden clubs to learn gardening skills and techniques. This theme will span at least the next two NGC administrations. The CAR-SGC theme of this administration is "Plant America – Knowledge is Key to Success", because it is important to be educated in the successful planting of America. It is this Director's desire to give back to those who work very hard, and some for many years, to support our States, Regions, and NGC. Please check our Website, carsgc.org, in November to learn about the Program, which will outline the process to apply.

Delaware Federation of Garden Clubs: Lisa Arni
www.delawaregardenclubs.org

Federated Garden Clubs of Maryland, Inc.: Diana E. Bonner
www.fgcofmd.org

National Capital Area Garden Clubs, Inc.: Robin L. Hammer
www.ncagardenclubs.org

The Garden Club of New Jersey, Inc.: Louise M. Davis
www.gardenclubofnewjersey.com

Federated Garden Clubs of New York State, Inc.: Monica C. Hansen
www.fgcny.com

Garden Club of Ohio, Inc.: Deanna J. Stearns
www.gardenclubofohio.org

Garden Club Federation of Pennsylvania: Christine M. Leskosky
www.pagardenclubs.org

There was much to be discussed at our mini-Conference in October 2017 held in Annapolis, MD, which was open only to Officers and Committee Chairmen, such as our governing and administrative documents; i.e., Bylaws, Standing Rules, Conference Manual, and Mission Statement. Each attendee was encouraged to share a vision of the future of CAR-SGC as we work to provide a solid foundation for its success.

This Director is committed to the members of our organization and is eager to attend your meetings, workshops, flower shows, etc. – just send an invitation; and she will be there if possible. Please remember that the people you meet on the path of Life determine the value of the journey. Happy journey to all!

**Regina I. Brown, Director
Central Atlantic Region of
National Garden Clubs, Inc.**

From Our States:

Delaware

The new buzzword among members of Delaware Federation of Garden Clubs today is "TREE-mendous." Here's why...

DFGC President Lisa Arni coined this term to describe her two-fold project for 2017-2019.

- TREE-mendous Delaware Tree Planting at Delaware Botanic Gardens
- TREE-mendous Delaware Membership Growth

TREE-mendous Delaware Tree Planting at Delaware Botanic Gardens

TREE-mendous Delaware Tree Planting is a project of Delaware Federation of Garden Clubs, in support of Delaware Botanic Gardens at Pepper Creek. You don't have to be a garden club member to participate.

The new Delaware Botanic Gardens, now under construction, is a 37-acre creek-side site that is located on the outskirts of Dagboro In Sussex County, about a half hour from Delaware's popular ocean beaches. It will someday be a world-class,

inspirational, educational, and sustainable public botanic garden.

When you donate \$100 (or more in \$100 increments) to DFGC for TREE-mendous Delaware Tree Planting at Delaware Botanic Gardens, you will receive a certificate "in honor of" or "in memory of" someone you designate. Consider this for any gift-giving occasion or as a remembrance for the passing of a loved one, friend, or business colleague. You can even name yourself. Forms are available on the DFGC website:

Delaware Botanic Gardens Executive Director (and DFGC member) Sheryl Swed and DFGC President Lisa Arni were on hand when six trees for the Woodland Garden were delivered on August 11, 2017.



DFGC Featured Project of the Month by a Delaware Garden Club, November 2017

PLANTATION LAKES GARDEN CLUB, MILLSBORO, DELAWARE

Plantation Lakes gardeners dedicate their



November meeting to thanking and honoring veterans at local health care facilities. Each member and guest in attendance makes 2 or 3 small patriotic-themed floral arrangements,

which are delivered by members to Atlantic Shores Rehab & Health Center in Millsboro and the Delaware Hospital for Veterans in Milford, DE.

Arrangements are created in tuna or cat food cans, using greens clipped from shrubbery and purchased mini-carnations. A decorative pick is inserted and foil is wrapped around the container as the finishing touches.

This workshop is conducted by President Margaret Woda and the prep committee is chaired by Gale Harley.

Kathleen Alice Houston Worrell

Maryland

President's theme:

Planting Maryland From The Mountains To The Ocean

The Federated Garden Clubs of Maryland celebrated National Garden Week by having a garden party! On June 6th, all four of the FGCMDCouncils participated in programs held at the Vollmer Center, the Federation's headquarters, at the Cylburn Arboretum. Environmental Consultants Council presented a very enthusiastic speaker from the Maryland Dept. of Natural Resources, Landscape Design Council presented the dynamic Kirk Brown as Frederick Law Olmsted (considered to be the father of American Landscape Architecture), Judges Council presented some of the new designs from the Handbook for Flower Shows, discussed the handbook changes and sold many handbooks that day. Gardening Consultants Council offered guided and self-guided tours of Cylburn Arboretum's fascinating gardens. Each Council had fund raising



tables and had a very profitable day. The funds collected will help finance schools/symposiums. The Federation had membership applications available and sold life scholarships. It was a fun and successful day with over 100 attendees. We are planning

an encore event for National Garden Week 2018.

Environmental School Course I was held Sept. 26-27, 2017 and plans are being made for Course II in April 2018.

This will be the third year that the FGCMDC clubs have participated in decorated Christmas trees at the Maryland Governor's State House in Annapolis. (One or two counties are represented with wreaths because of the distance involved.) Each tree/wreath

uses decorations related to its county's history. It is not only a beautiful sight, but an educational one as well. Membership applications are placed with the trees/wreaths. This has been a very successful event with large number of visitors, both local and out of town, coming to the State House and learning about Maryland and The Federated Garden Clubs of Maryland.

Diana Bonner
FGCMD State President

National Capital Area

National Capital Area Garden Clubs have been busy all Fall! We hosted two successful Schools— Environmental and Landscape Design, welcoming students from other NGC states to the Beltway. Judges Council held two educational programs— Morning of Design & a review of changes in the new Handbook.

NCA has a new website we are proud of and are still tweaking to best serve our members. We have a new monthly email sent to all— Capital Column—which starts each month with current news and events for our members. We have shared and enjoyed collaborations with US Forest Service and DC Public Schools; Folger Consort; Prince William County Fair; many local community organizations all over our tiny but vibrant and growing NCA!



Our Arbor House Gift Shop, located at the US National Arboretum, continues to be a successful project, thanks to active volunteers who assist visitors coming to learn about the Arboretum from all over the world, and a Committee who serve as buyers, creating a memorable experience that reflects the goals and values of NGC. Come and visit and enjoy the newly renovated Friendship Garden, an NGC project. And, we are pleased to announce that NCA has just entered into an agreement with our landscape architects and the US National Arboretum to create The New American Garden, which will be in front of the Gift Shop.

Our diary entries are full—every day it seems like we have a program, a Trip, or another opportunity to get out and Grow Together—and to Plant America!

Robin Hammer
President, National Capital Area Garden Clubs

New Jersey

New Jersey is busy “Supporting Our Local Clubs” as we Plant America together.



Three Fall President Leadership/Workshop meetings were held. The venue encouraged interaction and sharing among the attendees as well as the presenters. There were three parts to the meeting: a presentation highlighting twenty-one characteristics of a successful leader and essential resources for leaders, including items available from NGC and GCNJ. Secondly, each attendee introduced her or himself and shared challenges their club was experiencing. And finally, as a group we discussed how GCNJ and others could help with those challenges.

Upcoming programs and our state publication *Newsleaf* will further address these challenges:

Communication: Exploring options for a more efficient, less time consuming, more encompassing and just plain BETTER system have been researched. A membership management program was chosen, a two-month free pilot test was successful, we’re now ready for implementation. The program is expected to greatly reduce the number of volunteer hours needed to run our state club and its programs.

Grants available: Through our website and newsletters, we’re highlighting the grants available for our clubs. This includes those available from NGC as well as GCNJ. My new program, Plant America NJ, will offer its first grant this year. This will be in addition to current youth grants.

Membership Challenge: Attracting more and younger members was identified as the greatest need by our clubs. To that end, we are introducing the 20/5 Challenge. Twenty (20) clubs will be chosen to participate. They will be given hands on instruction on how to use social media to attract new members. The goal will be for each of the 20 clubs to attract 5 new members. Stay posted.

Louise Davis
President, The Garden Club of New Jersey

New York

Learning To Live With Bear

The Black bear is the only bear found in the eastern US. They have become more numerous in recent years and are a problem to many living in the Central Atlantic Region. Their territory is large and may encompass up to 60 miles. They are Omnivores which constitutes 60% of their diet. Black Bears are not true hibernators. Females usually enter their dens in October or November and males in November and December. They are most active from sunset to sunrise and can destroy corn and honey crops. Garbage cans and bird feeders are their most common target. Following that they go after sheds, grills, compost, pet pens, garages and screen doors. In my town there have been several instances inside garages, usually going after garbage, pet food or seed stored there. There was one instance of a bear breaking down a screen door and entering the kitchen. Removing their attractants is the single most important way to reduce conflict with humans. Back to the hibernation question; hibernation is a state of inactivity and depression. At that time there is low body temperature, low heart rate and low breathing. Rodents are true hibernators. Usually these animals stock up on fat reserves and lose large portions of body weight during this time. Whether or not bears hibernate depends on YOUR definition of the word. Some scientists say they do and some say they do not. We need to be aware of the danger and act accordingly.

Recent Black Bear Attacks

- May 26, 2013 CT person attacked by bear in yard

- Nov. 26, 2014 NJ college student killed by bear while hiking
- Aug. 13, 2015 Man and dog attacked by bear outside Adirondack Park, NY

Barbara Campbell
CAR-SGC Secretary
FGCNYS Former President

Pennsylvania

The 2017 GCFP State Convention was held at the Shawnee Inn and Resort, Shawnee PA, in the foot hills of Pennsylvania’s Pocono Mountains. Motivating speakers, informative workshops, interesting tours, and the installation of the 2017-2019 administration were parts of the exciting event. We were pleased to have Former NGC President, Sandra Robinson, as our guest.

Following my theme, “T.E.A.M. and Plant America”, Together Everyone Achieves More, PA was in full swing! Clubs have already teamed up on community projects and Blue Star Marker Dedications, districts are teaming up to host conventions, and GCFP board members are planning and holding NGC Schools and Leadership Workshops. Working as a state team is achieving great things!



Two Blue Star Marker Dedications took place this year. There are currently 75 markers in place in PA at locations on the turnpike, museums, court houses, parks, ball fields, libraries, schools and even senior living centers.



The Heritage Garden Club in cooperation with Tioga County PennDOT dedicated a Blue Star Memorial Highway Marker at the Tioga Welcome Center. Photo by Bill Brown.



Polly Berginc and Karen Faust celebrate the Blue Star Memorial Marker dedicated at the New Butler Veterans Hospital by the Butler Garden Club and Southern Butler Garden Club.

Pennsylvania is proud that former GCFP and NGC President, Lois Dupre Shuster, established the Sage and Roses Fund in 2010. Its intent is to send greetings electronically and donate the money that would be spent on a paper greeting card to the fund. The acronyms stand for SAGE (Send A Greeting Electronically) and ROSES (Remember Our Servicemen’s Every Sacrifice). This year NGC’s Sage and Roses Fund raised \$2,850. At the NGC National Board meeting, three individuals’ names were drawn from the entire membership who donated to the fund and each was awarded \$950 towards the purchase of a new Blue Star Marker. GCFP member, Nancy Bittner was one of the lucky winners!

GCFP board members and District Directors held three Leadership Workshops in 2017. The Workshops took place in the central, western and northern part of the state. Total registration was 111, from 49 clubs representing eleven districts. Some of the topics were: leadership, how to run a successful business meeting, financial reporting, jargon, insurance, NGC and GCFP president’s themes, NGC Schools, awards, and youth and horticultural therapy programs.

The GCFP is looking forward to not one, but two Conventions in 2018. The first will be the GCFP Annual Convention on April 15-17, at The Double Tree by Hilton, Meadow Lands, Washington, PA, and the second will be the NGC Annual Convention on May 21-24, at the Loews Hotel in Philadelphia, PA. With the expertise and hard work of the GCFP members, they promise to be exciting events, not to be missed. Not only will there be the opportunity to meet new garden club members in our state and across the nation, but our National President, Nancy Hargroves as well.



GCFP Board Members in their LOVE tee shirts advertising the 2018 NGC Convention. Photo by Steven Romig

The mini Conference held in Annapolis, MD by CAR was a gratifying experience. The time spent together gave all in attendance the opportunity to share ideas and suggestions on ways to enhance the Region. Congratulations to Director Regina Brown, Chairman Niki Schwab, MD President Diana Bonner and the conference committee members for a well run, rewarding conference.



CAR-SGC Director, Regina Brown, and MD President, Diana Bonner, enjoying the CAR-SGC Conference tour of the Naval Academy. Photo by Christine Leskosky

NGC Schools to be conducted in 2018 in PA are:
Flower Show School Course III: April 24-26, 2018
Hampton Inn & Suites
4 Holiday Boulevard, Mercer, PA 16137
Gardening School Course II: March 26-27, 2018
1756 Uwchlan Meeting House
5 North Village Avenue, Exton, PA 19341
Landscape Design School Course IV and
Environmental School TBA

Chris Leskosky
GCFP, President 2017-2019
"T.E.A.M. Up and Plant America"
Together Everyone Achieves More

CAR-SGC Conference October 2017

It was a pleasure for the Federated Garden Clubs of Maryland to host the first annual CAR-SGC Conference October 25-26, 2017 in Annapolis. While great inroads were made in establishing guidelines for CAR-SGC, it wasn't all work and no play. We had a fabulous tour of the U.S. Naval Academy and visited the Superintendent's marvelous garden. A stop was made at the Blue Star memorial Marker at the World War II Memorial Overlook. An inspiring site. Since Maryland is the home of McCormick Spice Company, it seemed only fitting to have a visit from "Julia Childs" ie Mary Ann Jung, an award winning actress and Smithsonian Scholar, with audience participation. Who knew we had so many talented "actors" in our midst. We look forward to the CAR-SGC Conference in Ohio next year.



Photo by Nicki Schwab

At the
US Naval
Academy





Floral designs from the conference

In honor of Regina



Luncheon centerpiece

2018 NGC Convention
LOVE Blooms in Philadelphia

The Central Atlantic Region is proud to host the upcoming NGC Convention in May 2018. The committee of the 2018 National Convention, *LOVE Blooms in Philadelphia*, is looking for volunteers to work at the Registration Desk and to serve as Hostesses at meals. Please contact Barbara Stoebenau at bstoebs@aol.com (Registration Desk) and Jean Branco at jeanwb1@aol.com or Jane Comroe at mezzaud@verizon.net (hostessing). These ladies will be happy to explain the times you will be needed as well as the duties involved.

This is an opportunity to help our sister state of Pennsylvania in the Region. It's not often our Region hosts the NGC Convention. It was held in the National Capital Area in 2011 and will be in New Jersey in 2021, because the incoming NGC President resides in those states. The 2012 convention was held in Buffalo, NY.



Every State Can Win
The AHS Regional Perennial Award

CAR-SGC garden clubs are eligible to apply for the American Horticultural Society Regional Perennial Award, which may be awarded to a garden club, a group of garden clubs, a district, a council or a state for an outstanding class or section of **herbaceous perennials** in a NGC Flower Show. The overall exhibit must be of outstanding quality and include a minimum of 20 exhibits. Each state can have a winner, so a total of 7 awards is the goal.

Applying for this award is easy; go to the very last award listed for details. The book of evidence can be done in the required 3 pages and must include the date, name of State Garden Club, name of show and location; a copy of the schedule; a list of pertinent specimens in exhibit botanically named (genus, species and cultivar); a clear photograph of exhibits, including staging; a clear photograph of any top awards in exhibit, if applicable. Applications for the 2017calendar year are due by April 1, 2018. On the official application form, put N/A for #s 4 and 5.

Most spring, summer and fall shows have a class or section that would qualify. The qualifying show does not have to be one in contention for NGC or State top awards. The emphasis is on horticulture, not design or educational exhibits.

Do you need an incentive? Each winner currently receives a monetary award. For more information, go to the *Other Awards* section of the CAR website or contact Shirley Nicolai at shirleynicolai@verizon.net.

Shirley Nicolai



Herbaceous Perennials

Caroline Carbaugh, Editor

**Congratulations to these CAR Garden Clubs
that won Awards from National Garden Clubs, Inc. in 2016**

#1 CIVIC ACHIEVEMENT – Avon-on-the-Lake Garden Club, OH, Large Clubs

#6 CONSERVATION – Avon-on-the-Lake, OH, Large Clubs

#7 SPECIAL ACHIEVEMENT – Pound Ridge Garden Club, NY, Small Club
-District I, FGCMD, Group of Member Clubs

#12 PUBLICATIONS

- Category 1 – Hoe ‘n Hope Garden Club, DE, Small Clubs
- Garden Club of Springfield, PA, Medium Clubs
- Category 2 - The Garden Club of Johnstown, PA, Ex-Large Clubs
- Category 4 - Tohickon Garden Club, PA, Medium Garden Clubs
- District 8, FGNYS, Group of Member Clubs
- The Garden Club of Ohio, OH, State Garden Club, Ex-Large

#13 PUBLICATIONS

- Educational – Crofton Village Garden Club, MD, Large Clubs
- Membership – Emerald Necklace Garden Club, OH, Medium Clubs
- Cookbooks – Riverhead Garden Club, FGNYS, Medium Clubs
- Other – Sussex Gardeners, DE, Medium Clubs (Garden Tour) tie
- Parkland Garden Club, PA, Medium Club (Garden Tour)tie

#15 MEMBERSHIP – Federated Garden Clubs of New York State, 3.99% increase in paid membership.

#16 YEARBOOKS – Plantation Lakes Garden Club, DE, under 20
- Hilton Garden Club, FGCNYS, 20-29
- Laurel Garden Club, NCAGC, 30-44
- West Trenton Garden Club. NJ. 45-69

- The Rake and Hoe Garden Club, NJ. 70-99
- Talbot Garden Club, MD, 100-299

#19 HORTICULTURE THERAPY – Bethlehem Garden Club, PA, Ex-Large Club (tie)

#20 ROADSIDE BEAUTIFICATION – Ridgewood Garden Club, OH, Large Clubs

#24 AWARD OF EXCELLENCE FOR STATE GARDEN CLUB – The Garden Club of New Jersey, 8000 or over members

#29 - 2 BLUE STAR MEMORIAL LANDSCAPING, BYWAY MARKER – Garden Club of Bentleyville, OH, Small Clubs (tie)

#29-3 BLUE STAR MEMORIAL LANDSCAPING, MEMORIAL MARKER – Ridge Garden Club, PA, Large Clubs

#44 PUBLICITY PRESS BOOKS

- Shaker Farms Garden Club, OH, Small Clubs
- Neshanic Garden Club, NJ, Medium Clubs
- The Rake and Hoe Garden Club of Westfield, NJ, Large Clubs
- Orchard Park Garden Club, FGCNYS, Ex-large Clubs
- District III, FGCNYS, Group of clubs
- The Harrisburg Area Civic Garden Center, Inc, PA, Affiliates

#48 HORTICULTURE THERAPY GARDEN PROJECT – Ridgewood Garden Club, OH, Large Club

#50 HISTORIC PRESERVATION – Avon-on-the-Lake, OH, large Clubs

#51 DECORATION OF HISTORIC BUILDING – Old York Garden Club, PA, Medium Club

#54 ENVIRONMENTAL EDUCATION

- Worthington Hills Garden Club, OH, Large Clubs
- Chippewa and Emerald Necklace Garden Clubs, OH, Group of Member Clubs

#73 CIVIC PROJECT WITH NATIVE PLANTS – Gates Mills Garden Club, OH, Large Clubs

HIGH SCHOOL ESSAY CONTEST – Bridget Koerwitz, 2nd Place, Gates Mills Garden Club, OH

MEMBER AWARD OF HONOR RECIPIENTS – Linda Harris, FGCMD, Laurel Garden Club

STANDARD FLOWER SHOW ACHIEVEMENT AWARD

#17 – HOME STANDARD FLOWER SHOW – Moorestown Garden Club, “It’s Your Lucky Day”, NJ

#18 – COUNCIL STANDARD FLOWER SHOW

- Judges Council of 8th District, FGCNYS, “Rock and Roll in the Garden”
- Cincinnati District Clubs, OH, “International Extravagance”

#21 PATRIOTIC STANDARD FLOWER SHOW

- Gates Mills Garden Club, OH, “Primary Colors”
- Garden Club of Kinderhook, NY, “This Land is Your Land”

#22 HOLIDAY STANDARD FLOWER SHOW

- Pound Ridge Garden Club, FGCNYS, “The Wedding”
- District VII, FGCNYS, “Holiday at the Inn”
- Town of Ontario Garden Club, FGCNYS, “Leisurely Pursuits”

#30 DISTRICT STANDARD FLOWER SHOW

- District IX, FGCNYS, "As Time Goes By"
- District II, FGCNYS, "Treasures of Long Island"
- District II, NCAGC, "Magical Journey"

#34 PLANT SOCIETY STANDARD FLOWER SHOW – Chambersburg Garden Club and Tuscarora Daffodil Group, PA, "Yesterday, Today and Tomorrow"

#35 NEAR-CLUB STANDARD FLOWER SHOW – Norwich, Oxford and Town & Country Garden Clubs, FGCNYS, "Celebrating our Victorian Past"

#57 SFS IN A PUBLIC BUILDING

- Dorchester Garden Club, FGCMD, "The Potting Shed"
- Lake Mahopac Garden Club, FGCNYS, "April in Paris"
- Kenmore Garden Club, FGCNYS, "Legends"
- Lakeshore Garden Club, OH, "Cleveland-opoly"
- Garden Club Forum of Toledo, OH, "Some Like it Hot"
- Giant Oaks Garden Club, PA, "Pittsburgh 'Mighty' Beautiful"

NGC POETRY CONTEST K-9 WINNERS – Hayden Lamb, Gr. 9, Moonflower Garden Club, MD (tie)

NGC YOUTH SCULPTURE CONTEST, 4-8

- 4th Grade, 2nd place, Alex Ray, Worcester County Garden Club, MD
- 6th Grade, HM, Cassidy Cannon, Potpourri Garden Club, DE
- 8th Grade, 3rd place, Brianna Pickens, Potpourri Garden Club, DE

SMOKEY BEAR/WOODSY OWL POSTER CONTEST, 1-5

- 1st Grade, Ariana Zuehlke, Independence Garden Club, OH

NGC PRESIDENT'S PROJECT: Service in Action

- Bee-GAP – Avon-on-the-Lake Garden Club, OH, Individual Garden Club

NGS SCHOLARSHIP RECIPIENTS

- Mark Anthony Meloni, DE
- Mikayla Nicole Call, MD
- Jacalyn DeValue, NJ
- Jacob Rathbun, NY
- Bree Lacey Richardson, OH
- Michael Legros Dautlick, PA

Jean Ladson Award for Blue Star Memorial in Fenwick Island - Large Club: Barefoot Gardeners of the Delaware Federation of Garden Clubs.

Jean Ladson Award for Middle School Enrichment Project - Medium Club: Potpourri Garden Club of the Delaware Federation of Garden Clubs.